

A transition that people can use

Chapter 7

Include the old activity, the journey and arrival. Use a reminder the child can understand. Choose a realistic fallback and adults who will actually be available.

1. Where we are going and what arrival requires

2. What needs finishing or setting aside before we leave

3. What must be ready; who prepares it

4. The agreed reminder and what it means

5. Departure and return arrangements

6. If the plan changes: next safe action and available adult

7. What we will simplify on arrival or returning home
